



Fresh Start: Disciples Follow Directions  
LifeGroup Lesson

**Upward: Everyone gives their whole heart to God.**

Share a time when you followed someone's directions and you ended up better than when you started and a time when you ended up worse off than when you started. Did each person truly have your best interest at heart?

Read: John 14:15, Matthew 6:21, Matthew 22:37-40, Matthew 4:10, Joshua 1:7-8

How has God changed you live in the last month...year...decade?  
Are you being obedient to God and following His commands?  
Where are you struggling to be obedient?  
What is God calling you to do?

**Inward: Everyone does life together**

Share the most memorable time you have had with friends. What made it so memorable? Would you change anything about that experience?

Read: Ephesians 2:19, 1 Thessalonians 5:11, Proverbs 27:17, 1 John 1:7, Hebrews 10:24

What is your favorite thing about being a part of this group?  
What other groups have you belonged to and how do they compare?  
What do you find most challenging about being in a Group?  
How can we connect better?

**Outward: Everyone loves someone through service.**

What is the best, most amazing, highest level of service you have ever experienced?  
What is the worst? Why were they so good or so bad?

Read: 1 Peter 4:9-11, Mark 10:45, Galatians 5:13, Matthew 25:35-40, Isaiah 58:10

Where do you find ways to serve others?  
What team are you on?  
How has that service affected your life?  
How could you up your service game?

**Downward: Everyone grows through spiritual discipline.**

Kelly shared several Spiritual Disciplines two weeks ago: Faith, sharing, Prayer, the Word, Continuing, Fasting, Service, Celebration, and Service. Which of these has affected your life the most?

Read: Acts 2:42, John 8:31-32, Luke 6:40, Ephesians 4:11-17, 1 Timothy 4:7-8

Which discipline do you struggle with the most?  
Which discipline are you focused on right now?  
Who can help?

**Forward: Everyone reaches one for Jesus**

Share the first time you really encountered God. Who introduced you to Him?

Read: Matthew 28:19-20, Acts 1:8, Mark 16:15, Matthew 9:37-38, 1 Peter 3:15, 1 Corinthians 9:22

Who is your "one"? And why?  
When were you last able to connect with that person?  
What happened?  
Other than prayer, is there anything this group can do to help?

**Directional Discipleship**

This is going to be an exciting and lengthy process to organize and write discipleship curriculum. As LifeGroups, we have a unique opportunity to flesh out this new system in the real world and in a group environment. Each of us as individuals can help, and we as a Group can help. Email [Info@lifepointlebanon.com](mailto:Info@lifepointlebanon.com) if you'd like to help develop this exciting new discipleship program.

Please share praises and prayers with each other.