

Samson LifeGroup Study: Week 2

This week we focused on the difference between being emotion driven or Spirit led. Tonight if there is room, go ahead and divide into gender groups for the discussion.

- What's your one pet peeve that angers you the most? Why does it anger you so much?

With your Bible or YouVersion, read Judges 14:10-20 and Judges 15:1-20.

Samson's vengeance on the Philistines in these passages is the result of his unchecked anger and pride.

- Describe a time when you let your emotions get the best of you. What resulted from your emotional outburst?
- Samson was emotion-driven and not Spirit-led. What does an emotion driven life look like?
- What does a Spirit-led life look like?
- Why do you think so many people allow themselves to be driven by their emotions instead of being driven by God?
- In what ways does unchecked anger manifest itself in our lives?
- How has your unchecked anger affected you and those you love?
- What unchecked anger in your life do you need to own up to immediately?
- What other emotions cause us problems? How do you deal with them differently than anger?
- What does pride look like in your life? Where do you seem to struggle the most with pride?

Read Galatians 5:16-18.

16 So I say, walk by the Spirit, and you will not gratify the desires of the flesh. 17 For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. 18 But if you are led by the Spirit, you are not under the law.

-Galatians 5:16-18

Paul encourages us to live by the Spirit in these verses.

- Share with your group what kind of person you think God wants you to be. How is your pride and anger keeping you from becoming that?
- How can you keep your pride and anger in check while at the same time now losing the passion and heart of a warrior that God has given you?

As things wrap up take time for requests and to pray for each member of the group, make a commitment to pray for each other through the week.

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